

QuikScout inMotion



QuikScout inMotion is a revolutionary digital tool for the individual athlete. Loaded with specialized software that provides visual feedback, anyone can master proper sporting technique.

Break down athletic movement frame by frame, review instantly and analyze performance.

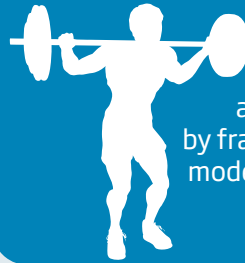
InMotion video editing technology improves athletic performance. With this software, you can:

- analyze weightlifting technique to improve performance, reduce risk of injury
- break down discus, shot put or javelin throws and study critical stages in steps and plant and release points
- slow down baseball-pitching motion to determine arm position, push off and release points for critique and analysis
- study motion analysis in poor performances compared to good performances and recognize the differences
- store video files to measure improvements in technique over a period of time

QuikScout *inMotion* is powerful digital software that lets you burn to a CD any player's frame by frame performance. Now athletes can study techniques on their own and improve significantly.

- Bundle with Bigger Faster Stronger (BFS) six core lifts video examples to improve weight room safety and validate safe training methods. Verify that all athletes are using safe and correct training techniques necessary for improving performance.

- Using the BFS core lifting examples from within *inMotion*, athletes can receive a weightlifting assessment of their current techniques and compare it frame by frame against the BFS model.



**1
STEP**



Organize Your Video Clips

Thumbnails make it easy to manage the video clips of both athletes and models used for comparison.

**2
STEP**

Select Video Clips for Analysis

Double-click on Thumbnails to load video clips of both the athlete and the model.



**3
STEP**



Analyze Video Clips

Synchronize video clips to compare and study athletes' technique against the model.

Item	Education Pricing	Item	Education Pricing
InMotion Single User	\$195	InMotion Site License *	\$495
InMotion Single User with Six BFS Core Lifts	\$295	InMotion Site License with Six BFS Core Lifts*	\$895

*3 computers

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